

St. Robert of Newminster Parish
SCHEDULE: Lent, Holy Week and Easter 2026

- February 18 **ASH WEDNESDAY** Masses: English 8:30am & 12:15 noon Spanish 6pm
February 19 Thursday Adoration of the Blessed Sacrament 9am -1pm
February 20 Friday Station of the Cross: English 6pm Espanol 7pm
February 21/22 **First Sunday of Lent *The Temptation of Jesus*** (Matthew 4:1-11)
February 25 Wednesday Adoration in Spanish 6:30pm
February 26 Thursday Adoration of the Blessed Sacrament 9am -1pm
February 27 Friday Station of the Cross: English 6pm Espanol 7pm
February 28 March 1 **Second Sunday of Lent *The Transfiguration*** (Matthew 17:1-9)
March 4 Wednesday Adoration in Spanish 6:30pm
March 5 Thursday Adoration of the Blessed Sacrament 9am -1pm
March 6 Friday Station of the Cross: English 6pm Espanol 7pm
March 7/8 **Third Sunday of Lent *The Samaritan Woman at the Well*** (*John 4:5-42*)
March 10 **Tuesday, Communal Penance Service and Confession**
March 11 Wednesday Adoration in Spanish 6:30pm
March 12 Thursday Adoration of the Blessed Sacrament 9am -1pm
March 13 Friday Station of the Cross: English 6pm Espanol 7pm
March 14/15 **Fourth Sunday of Lent *The Man Born Blind*** (John 9:1-41)
March 18 Wednesday Adoration in Spanish 6:30pm
March 19 Thursday Adoration of the Blessed Sacrament 9am -1pm
March 20 Friday Station of the Cross: English 6pm Espanol 7pm
March 21/22 **Fifth Sunday of Lent *The Raising of Lazarus*** (John 11:1-45)
March 25 Wednesday Adoration in Spanish 6:30pm
March 26 **Thursday CHRISM Mass at the Cathedral of the Blessed Sacrament 6pm**
March 27 **Friday, Confirmation at 6pm** (No Station of the Cross)
- HOLY WEEK**
- March 28/29 **PALM SUNDAY of the Passion of the Lord**
March 30 **Holy Monday** 8:30am Mass, (Adoration and Confession)
March 31 **Holy Tuesday** 8:30am Mass (Station of the Cross, Adoration and Confession)
April 1 **Holy Wednesday** 8:30 am Mass, (Adoration, Confession)
Wednesday Adoration in Spanish 6:30pm
April 2 **Holy Thursday of the Lord's Supper**
Masses: English 5pm Spanish 7pm
April 3 **Good Friday of the Passion of the Lord**
Services: English 12 noon Espanol 3pm
(Pontifical Collection for the Holy Land)
April 4 **Easter Vigil Mass:** 8pm Bilingual Mass
April 5 **Easter Sunday of the Resurrection of the Lord**
English Mass 8am & 10am Espanol 12noon
- April 11/12 Second Sunday of Easter
April 18/19 Third Sunday of Easter
April 25/26 Fourth Sunday of Easter
May 2/3 Fifth Sunday of Easter
May 9/10 Sixth Sunday of Easter **Mother's Day**
May 16/17 Ascension of the Lord
May 23/24 **Pentecost**
May 30/31 **The Most Holy Trinity**
June 6/7 **The Most Holy Body and Blood of Christ** (Corpus Christi)
June 13/14 Eleventh Sunday in Ordinary Time
June 20/21 Twelfth Sunday in Ordinary Time **Father's Day**



Dear Beloved Parishioners,

As we enter the holy season of **Lent**, we are invited once again to return to the Lord with all our hearts. Lent is a sacred journey—a time to slow down, to listen more deeply, to pray more sincerely, and to allow God to renew our minds and hearts. It is a season of grace, a season of healing and forgiveness.

This year, I warmly invite you and your families to walk this Lenten journey **together as a parish community**. God never intended us to travel this path alone. He gives us one another so that our faith may grow stronger, our hope deeper, and our love more generous.

Fasting and Abstinence

As part of our Lenten discipline, the Church invites us to observe:

- **Fasting and abstinence on Ash Wednesday and Good Friday**
- **Abstinence from meat on all Fridays of Lent**

These practices help us grow in self-discipline, compassion, and solidarity with those who suffer. And Lent is not simply about giving something up—it is about **opening ourselves to God's transforming love**.

Stations of the Cross

Every Friday of Lent, we gather to pray the **Stations of the Cross**, walking with Jesus on the road to Calvary. This powerful prayer helps us remember the depth of Christ's love and the price of our salvation. **Fridays of Lent: English – 6:00 PM Spanish – 7:00 PM**

Adoration of the Blessed Sacrament

Lent is also a perfect time to sit quietly before the Lord in the Eucharist. In the silence of Adoration, Jesus heals, strengthens, and speaks to the heart. **Thursdays – 9:00 AM to 1:00 PM**
Wednesdays (Spanish) – 6:30 PM

May this holy season draw us closer to Jesus and to one another.
May our parish be renewed in faith, hope, and love.
And may the peace of Christ fill your homes and your hearts.

With prayers for a blessed and fruitful Lent,

Fr. Lester Menor

Pastor, St. Robert Parish. **Web:** saintrobertsac.org **Phone:** (916) 451-1475
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15 February 2026



Queridos y amados feligreses:

Al entrar en el santo tiempo de la **Cuaresma**, se nos invita una vez más a volver al Señor con todo el corazón. La Cuaresma es un camino sagrado: un tiempo para detenernos, escuchar con más profundidad, orar con más sinceridad y permitir que Dios renueve nuestra mente y nuestro corazón. Es un tiempo de gracia, un tiempo de sanación y de perdón.

Este año, los invito con cariño a ustedes y a sus familias a recorrer juntos este camino cuaresmal como **comunidad parroquial**. Dios nunca quiso que camináramos solos. Él nos da unos a otros para que nuestra fe crezca, nuestra esperanza se fortalezca y nuestro amor se haga más generoso.

Ayuno y Abstinencia

Como parte de nuestra disciplina cuaresmal, la Iglesia nos invita a observar:

- **Ayuno y abstinencia el Miércoles de Ceniza y el Viernes Santo**
- **Abstinencia de carne todos los viernes de Cuaresma**

Estas prácticas nos ayudan a crecer en autodisciplina, compasión y solidaridad con quienes sufren. Y la Cuaresma no se trata solo de renunciar a algo, sino de **abrirnos al amor transformador de Dios**.

Vía Crucis

Cada viernes de Cuaresma nos reunimos para rezar el **Vía Crucis**, caminando con Jesús por el camino al Calvario. Esta oración poderosa nos ayuda a recordar la profundidad del amor de Cristo y el precio de nuestra salvación. **Viernes de Cuaresma: Inglés – 6:00 PM Español – 7:00 PM**

Adoración del Santísimo Sacramento

La Cuaresma es también un tiempo perfecto para sentarse en silencio ante el Señor en la Eucaristía. En el silencio de la Adoración, Jesús sana, fortalece y habla al corazón.

Jueves – 9:00 AM a 1:00 PM Miércoles (en español) – 6:30 PM

Que este tiempo santo nos acerque más a Jesús y los unos a los otros.

Que nuestra parroquia sea renovada en la fe, la esperanza y el amor.

Y que la paz de Cristo llene sus hogares y sus corazones.

Con oraciones por una Cuaresma bendecida y fructífera,

P. Lester Menor

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