Discernment and Reflection during Lent

Discernment relies on tuning into God's voice, listening for the stirrings of the Holy Spirit, and connecting oneself even more closely to Jesus Christ.

During Lent, we invite you to join us as St. Robert Parish journeys together through forty days of discernment and reflection – and with an eye toward renewing and deepening our relationship with Our Lord and each other.

Where is God is calling you this Lent?



## Pray Our Parish "Prayer of Renewal"

As our community seeks renewal and transformation – and as we humbly ask God "Why have you put us here? – we will join together in a Prayer for Renewal after communion beginning on Sunday, March 6. We encourage you to make this prayer daily – whether at Mass or at home – and we will have prayer cards for you to take home with you.

## Join Our "Novena for Renewal"

A novena is an ancient devotion that consists of nine days of prayer. Our novena will begin at Masses on Sunday, March 6, and continue every day at Mass through Monday, March 13. Each day, we will be invited to reflect on a different theme of renewal.

## Listen to Our Daily Meditation

For each of the forty days of Lent, our priests, on our Youtube channel, will share a daily meditation - a few words to stimulate further reflection about this journey of faith we all walk together. We will also share these videos in a daily Lenten email.

## Sign Up for a Lenten Pastoral Discussion

Because they feel so strongly about making Lent a season of discernment and renewal, Fr. Mike and Fr. Brian are inviting you for a one-on-one visit. There's no heavy agenda for these visits, no right-or-wrong answers – just some time for you to consider how God might be calling you to a deeper relationship. The priests are offering 125 thirty-minute time slots to visit over Lent; you can sign up for your time at <a href="https://signup.com/go/HyVypVB">https://signup.com/go/HyVypVB</a>.

Lent is not just about the little sacrifices we make, but

about discerning where our hearts are directed."